



ELEMENTARY CROSS COUNTRY SERIES FALL 2026 WAIVER

I know that running a cross country race is a potentially hazardous activity, which could cause injury or death. I will not allow my child to participate unless he/she is medically able and properly trained, and by my signature, I certify that he/she is medically able to perform this event, is in good health, and is properly trained. I agree to abide by any decision of a race official relative to any aspect of my child's participation in this event, including the right of any official to deny or suspend his/her participation for any reason whatsoever. I attest that I have read the rules of the race, made my child aware of them and he/she has agreed to abide by them. I assume all risks associated with my child running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the course (mud, uneven surface, roots, rocks, pedestrians), all such risks being known and appreciated by me.

I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not allowed in the race and my child will abide by all race rules. Having read this waiver and knowing these facts and in consideration of your accepting my child's entry, I, for myself, for my child and anyone entitled to act on my behalf, waive and release the Chattanooga Track Club, Camp Jordan, City of East Ridge, and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my child's participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver.

I grant permission to all of the foregoing to use my child's photographs, motion pictures, recordings or any other record of this event for any legitimate purpose. I understand that this event does not provide for refunds in the event of a cancellation, and by signing this waiver, I consent that I am not entitled to a refund if the event is cancelled before or during the event.

CHILD'S NAME (PLEASE print CLEARLY): _____

SCHOOL/TEAM (if applicable) & GRADE: _____

PARENT EMAIL ADDRESS: _____

SIGNATURE (parent/guardian): _____ DATE: _____

